



NORTHBROOK JUDO CLUB

MAXIMUM EFFICIENCY MINIMUM EFFORT



CODE OF CONDUCT FOR COACHES

The essence of good ethical conduct and practice is summarised below. All Coaches must:

- Consider the well-being and safety of participants before the development of performance.
- Develop appropriate working relationships with performers, based on fun, mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and experience of those taking part.
- Promote the positive aspects of the sport (e.g. fair play, personal respect).
- Display consistently high standards of behaviour, appearance and personal hygiene.
- Follow all guidelines laid down by the national governing body and the club.
- Hold the appropriate, valid qualifications and insurance cover.
- Never exert undue influence over performers to obtain personal benefit or reward.
- Never condone rule violations, rough play or the use of prohibited substances.
- Encourage performers to value their performances and not just results.

All BJA qualified coaches should also be familiar with the Association's guidance notes for Coaches detailed below.

JUDO COACHING, TEACHING AND INSTRUCTING

Even though the standards focus on and describe work functions, they are based on a number of accepted assumptions and values, which underpin good practice in coaching, teaching and instructing. These have been articulated into a code of ethics, developed by the British Institute of Sports Coaches and is incorporated in its entirety in this guide.

The purpose of this code of ethics is to establish and maintain standards for Judo coaches and to inform and protect members of the public using their services.

Ethical standards comprise such values as integrity, responsibility, competence and confidentiality. Members of the institute, in assenting to this code, accept their responsibility to performers, colleagues, the Institute, their governing body and to society. In pursuit of these principles, Judo coaches subscribe to standards in the following areas:

- 1 Issues of responsibility.
- 2 Issues of competence.

This code of ethics is a framework within which to work. It is a series of guidelines rather than a set of instructions, and should be used in conjunction with the Institutes "coaching manifesto."

1. ISSUES OF RESPONSIBILITY

Judo Coaching is a deliberately undertaken responsibility, and Judo coaches are responsible for the observation of the principles embodied in this code of ethics.



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Humanity

1.1 Judo coaches must respect the rights, dignity and worth of every human being and their ultimate right to self-determination. Specifically, coaches must treat everyone equally, within the context of their activity, regardless of age, sex, ethnic origin, religion or political persuasion.

Relationships

1.2 The good Judo coach will be concerned primarily with the well-being, health and future of the individual performer and only secondarily with the optimisation of performance.

1.3 A key element in a coaching relationship is the development of independence. Performers must be encouraged to accept responsibility for their own behaviour and performance in training, in competition and in their social life.

1.4 Judo coaches are responsible for setting and monitoring the boundaries between a working relationship and friendship with their performers. This is particularly important when the coach and performer are of opposite sex and/or when the performer is a young person. The coach must realise that certain situations or friendly actions could be misinterpreted, not only by the performer, but also by outsiders motivated by jealousy, dislike or mistrust and could lead to allegations of sexual misconduct or impropriety.

1.5 The relationship between Judo coach and performer relies heavily on mutual trust and respect. In detail this means that the performer should be made aware of the coaches' qualifications and experience and must be given the opportunity to consent to or decline proposals for training and performance.

Commitment

1.6 Judo coaches should clarify in advance with performers and/or employers the number of sessions, fees (if any) and method of payment. They should also explore with performers and/or employers the expectation of the outcome of coaching.

1.7 Judo coaches have a responsibility to declare to their performers and/or employers any other current coaching commitments. Judo coaches should also find out if any prospective client is currently receiving guidance from another teacher/coach. If so, that teacher/coach should be contacted to discuss the situation.

1.8 Judo coaches who become aware of a conflict between their obligation to their performers and their obligation to their governing body or other organisation employing them must make explicit the nature of the conflict and the loyalties and responsibilities involved, to all parties concerned.

Co-operation

1.9 Judo coaches should communicate and co-operate with other sports and allied professions in the best interest of their performers. An example of such contact would be the seeking of educational and career advice/counselling for young performers whose training impinges upon the performance of their studies.

1.10 Judo coaches must communicate and co-operate with registered medical and ancillary practitioners in the diagnosis, treatment and management of their performer's medical and psychological problems.

Advertising

1.11 Advertising by Judo coaches in respect of qualifications and/or services shall be accurate and professionally restrained.

1.12 Judo coaches shall not display any affiliation with an organisation in a manner that falsely implies sponsorship or accreditation by that organisation.



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Integrity

1.13 Judo coaches should refrain from public criticism of fellow coaches. Differences of opinion should be dealt with on a personal basis and more serious disputes should be referred to the club officers or the appropriate governing body.

1.14 Judo coaches must not encourage performers to violate the rules and should actively discourage such action. Furthermore, coaches should encourage performers to obey the spirit of such rules.

1.15 Judo coaches must not compromise their performers by advocating measures that could be deemed to constitute seeking to gain an unfair advantage. Above all coaches must never advocate the use of drugs or other banned performance enhancing substances.

1.16 Judo coaches must treat opponents and officials with due respect both in victory and defeat and should encourage their performers to act in a similar manner.

1.17 Judo coaches must accept responsibility for the conduct of their performers insofar as they will undertake to discourage inappropriate behaviour.

Confidentiality

1.18 Judo coaches inevitably gather a great deal of personal information about performers in the course of a working relationship. Coach and performer must reach agreement as to what is regarded as confidential information.

Personal information shall never be divulged to a third party without the permission of the performer (if adult) or the parent/guardian if the performer is a minor.

1.19 Confidentiality does not preclude the disclosure of information to persons who can be judged to have a 'right to know' relating to performers when relevant to the following: -

- a) Evaluation of the performer within the sport for competitive selection purposes.
- b) Recommendations concerning performers for professional purposes.
- c) Pursuit of disciplinary action involving performers within the sport.
- d) Pursuit of disciplinary action by the institute involving fellow coaches in alleged breaches of this code of ethics and conduct.

Abuse of privilege

1.20 The Judo coach is privileged, on occasion, to have contact with performers and to travel and reside with performers in the course of coaching and competitive practice. A coach must not attempt to exert undue influence over the performer in order to obtain personal benefit or reward.

Personal standards

1.21 The Judo coach must consistently display high personal standards and project a favourable image of the sport and of coaching - to performers, other coaches, officials, spectators, the media and the general public.

1.22 Personal appearance is a matter of individual taste, but the Judo coach has an obligation to project an image of health, fitness and cleanliness.

1.23 The Judo coach should never smoke when coaching.

1.24 Coaches should not drink alcohol before or during coaching.



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Safety

- 1.25 Judo coaches have a responsibility to ensure the safety of their performers with whom they work as far as possible within the limits of their control.
- 1.26 All reasonable steps should be taken to ensure a safe environment.
- 1.27 All coaching shall be in keeping with best and approved practices within the sport.
- 1.28 The activity being undertaken should be suitable for the age, experience and ability of the performers.
- 1.29 The performers should have been systematically prepared for the activity being undertaken (instruction and warm-up) and made aware of their personal responsibilities in terms of safety, especially their use of space.

2. ISSUES OF COMPETENCE

- 2.1 Judo Coaches shall confine themselves to practice in those fields of sport in which they have been trained and which are recognised by the Institute to be valid. Valid areas of expertise are those directly concerned with Judo coaching. Training includes the accumulation of knowledge and skills through both normal coach education courses and by experience at a level of competence acceptable for independent coaching practice.
- 2.2 Judo coaches must be able to recognise and accept when to refer performers to other agencies, especially in matters of child welfare and protection. It is their responsibility, as far as possible, to verify the competence and integrity of the person to whom they refer a performer.
- 2.3 Judo coaches should regularly seek ways of increasing their professional development and self-awareness.
- 2.4 Judo coaches should welcome evaluation of their work by colleagues and be able to account to performers, governing bodies and colleagues for their actions.
- 2.5 Judo coaches have a responsibility to themselves and their performers to maintain their own effectiveness, resilience and abilities and to know when their personal resources are so depleted as to make it necessary for them to seek help and/or to withdraw from coaching, whether temporarily or permanently.

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