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Health and Safety Policy

Northbrook Kyu Shin Kai Judo Club is committed to the well-being and safety of all its members. Our priority is to create a secure and nurturing environment where everyone can thrive and excel in their sport.

To achieve this, we have implemented the following measures:

- Conducting thorough risk assessments for all club activities and implementing necessary safety measures.
- Ensuring that all venues have safe access and exit points, are clean, and equipped with appropriate facilities.
- Regularly inspecting and maintaining all equipment to ensure it meets high safety standards. Any defective or worn-out equipment is promptly replaced.
- Enforcing the use of correct judo attire to ensure the safety of all participants.
- Making necessary accommodations for individuals with disabilities to ensure their full participation.
- Requiring the removal of jewellery, trimmed nails, appropriately tied hair (when applicable), and covered wounds before entering the mat area.
- Ensuring proper mat placement on a suitable floor surface.
- Managing session attendance to ensure adequate space on the mat or limiting the number of participants when necessary.
- Providing a sufficient number of qualified and experienced instructors for each session.
- Vigilantly monitoring and supervising judokas to ensure adherence to the rules of the sport and discourage rough play.
- Ensuring the availability of potable water, first aid materials, and trained first aiders at all times.
- Thoroughly instructing judokas on safe play and sportsmanship.

At Northbrook Kyu Shin Kai Judo Club, we are dedicated to creating a safe and enjoyable environment for all members to thrive in their judo journey.

A handwritten signature in black ink, appearing to read "Gary Currier".

Gary Currier: Club President/Founder